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# Time Travelers From Our Future: A Fifth Dimension Odyssey

**Time Travelers  
From Our  
Future: A Fifth  
Dimension  
Odyssey (N) (N)**  
Bruce Goldberg



## Synopsis

This book illustrates how time travel will be discovered in 1,000 years and documents how futuristic humans have traveled back in time to interact with us throughout history and are here with us today. Many self-hypnosis exercises are provided, including methods for fifth-dimension travel and teleportation, which will train listeners to contact these time travelers and travel in time themselves.

## Book Information

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#1112 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP

## Customer Reviews

Although this book is not a religious one, I found it interesting that the author sights several passages in The Bible in which time travel is mentioned. I also found it interesting that the author mentions parallel universes. We all experience parallel universes from time to time temporarily. If you pay attention to the small details of everything, you will notice when you cross over into one. The author discusses the history of Lemuria (Mu) and Atlantis in detail and how they have shaped our world today. I found it interesting that the people during that time period were said to have been very tall (up to 9 feet), and this is where our stories about giants and even references to tall people in The Bible come from. The discussion about ET's (extraterrestrials) in the Earth's history was interesting and how it has influenced humanity, as well as, the influence of ET's on humanity today. This book also contains several meditations that allows its readers to do past life regression, view future lives, view the choices we have for the future during our current life, visit the 5th dimension, teleportation, etc. I have tried most of these meditations, and they have worked very well for me. I would highly recommend this book if you are interested in learning about the unrecorded

history of the Earth and humanity, if you are interested in learning more about ET's and their involvement with us, if you are interested in exploring past lives and future lives and visiting the 5th dimension, etc. I would also highly recommend the following book, as its content is similar.

I'm cynical by nature, which may seem odd since I have an interest in karma, the wonders of the universe, parallel universes, time travel and all sorts of futuristic possibilities. One does not have to "believe" with childish naivety to explore and ponder subjects that are not of the usual variety. Having said that, Goldberg's first book "Past Lives, Future Lives" was a superb look in progressive and regressive hypnotherapy where patients traveled under hypnosis forward and backward in time, with astonishing results, mainly that so many were reporting nearly identical things although the patients didn't know each other. Among those is the possibility that the UFO's and alien abductions are not just extraterrestrial in nature - they may be us traveling back in time to aid and support our eventual ascension onto the God plane, or highest purest vibrational level of the soul through many physical lifetimes. I like to think the realm of possibilities is too vast to be dismissed through stupid religion or refusal to consider anything outside of a ritual fueled mental comfort zone. You don't explore, you don't grow. That being said, "Time Travelers From Our Future" is a compelling look into the involvement of advanced forms of ourselves in the planet's evolution and development, plus looks at our future, or futures, depending on the parallel universe path one chooses. The topic is interesting enough, and I think Dr. Goldberg is sincere. My main problem is the hypnosis lessons which I would prefer having performed with a hypnotherapist of good reputation, but that's a minor point. I must admit Dr.

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